



GRAND HOTEL
SALSOMAGGIORE

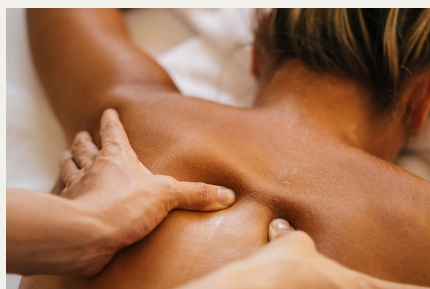
THERMAE & NATURAL SPA



RITUALS

Service List

Thermal Beauty and Wellness



Grand Hotel Salsomaggiore*****

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COSMOPOLITAN
HOTELS GROUP

Dear Guests,

It is with great pleasure that we welcome you to the Grand Hotel Salsomaggiore.

We are delighted to have you here and wish for your stay to be an unforgettable experience of relaxation and well-being.

Allow us to introduce you to the wonders of the thermal water of Salsomaggiore Terme, a natural treasure that makes our location unique. The thermal waters of Salsomaggiore are rich in mineral salts and trace elements, known for their healing and health-beneficial properties.

Our spa, the beating heart of the hotel, offers you the opportunity to immerse yourself in the world of thermal treatments, combining the virtues of thermal water with modern wellness techniques.

Here you can enjoy personalized treatments, relaxing massages, and wellness paths designed to regenerate body and mind.

We invite you to explore all our facilities and let yourself be pampered by our expert staff. Whether you decide to indulge in a moment of relaxation in our thermal pool, purify your skin with our thermal salt treatments, or rejuvenate with one of our signature massages, we are certain you will find the perfect balance between tradition and innovation.

Our staff is at your complete disposal to guide you in choosing the treatments best suited to your needs and to ensure you a stay characterized by comfort and well-being.

Wishing you a pleasant and regenerating stay, we thank you for choosing our facilities.

Cordially,

The Management

Index

04 Massages

Massages 50'

Massages 25'

10 Thermal Rituals

for Beauty and Body Wellenss

Venus Thermae Rituals 50'

Venus-Salus Thermae Bodycare 80'

14 Thermal Facial Rituals

Venus Thermae Skin care 50'

16 Beauty Treatments

18 Worth Knowing



MASSAGES

Massages 50'

€90,00

Cosmopolitan Top Massage

The ultimate functional massage. It originates from the combination of two functional massages in a single session, a deep-tissue massage on the back, combined with a draining/defaticante legs massage.

Salsomaggiore Soul Massage

Relaxing total body massage, stimulates endorphin production and reduces stress levels, it is performed with essential lavender oil, (symbol of Salsomaggiore) an ancient phytotherapeutic remedy with anti-inflammatory, analgesic, anxiolytic and muscle relaxant properties.

My Essence

Emotional, aromatherapy, personalized massage with a bouquet of precious essences related to the four elements:

Water, Air, Earth and Fire.

It's possible to choose both the Aromatherapy Essence and the areas to massage.

“My Essence” involves both the physical and emotional spheres, to achieve a state of Psychophysical Well-being, Essence of Olism.

It is performed with the technique of Hawaiian massage “Lomi Lomi Nui” with slow and loving maneuvers inspired by the sweet rhythm of the waves.

Massages '50

€90,00

Business Antistress

Deep-tissue massage CerviCare, combined with a Mask and lifting massage face and periorcular area.

Hot Stone Therapy

Ritual of Navajo derivation, with beneficial effects on the muscles thanks to the therapeutic heat released by the volcanic Hot Stones. This is a pain-relieving and a deep-tissue massage of the back area.

Bamboo Drain

Deep drainage/defatigating massage, to the lower limbs. It is strong, intense and effective for removing extracellular fluids and lymph system toxins or muscle catabolitis, post race or intense training (not recommended for people with capillary fragility).

Massages 50'

€90,00

Tranquillity Smooth Massage

Ritual that pleasantly combines a Beauty treatment (Gommage) with a Wellness treatment of mechanical cell renewal and Relaxing Total Body Massage, consisting of a Face and Body massage for total relaxation and exfoliation. A thorough and gentle with a Wellness treatment of mechanical cell renewal and Relaxing Total Body Massage, suitable even for the most sensitive skin It ends with the application of a rich and nourishing cream.

Candle Love Massage

Romantic and Sensory massage dedicated to the couple, with a warm and dark, rich and enveloping body buttery. It nourishes the skin and inebriates the mind.

Massages 25'

€50,00

Remedy

The Secret of well-being.

Functional massage that you cannot give up to maintain the cervical, dorsal and lumbar area. (55 €)

Relaxing no dol

Face, head, shoulders and neck massage (skull-cervix-mandibular) analgesic, suitable for relieving tensions caused by constant stress factors, bruxism, tensive-muscle headache and neck pain.

CerviCare

Functional massage dedicated to the cervical, occipital, sternocleidomastoid, trapezius and scapular area.

La Vie Est Belle

Relaxing massage for legs and back (back of the body).

Massages 25'

€50,00

Osmosis

Massage of the lower limbs, beneficial for venous and lymphatic stasis. It helps remove surplus fluids and toxins.

Plantaire

Relaxing plantar massage. It improves the circulation of the lower limbs, promotes rest and relaxation.

Lullaby

A sweet cuddle designed for the little ones, with sweet almond oil and lavender.



THERMAL RITUALS FOR
BEAUTY AND BODY WELLNESS

Salus Thermae Rituals 50'

€90,00

Pediluvium Thermae

Foot bath with Salsobromiodici salts and plantar massage with refreshing and relaxing cream for the feet.

Lynpharedux

Thermal Salsobromiodico mud with draining active ingredients and Emmelinfatic or drainage massage to the lower limbs with Osmosis (a gel concentrate of Fossil water).

(The emmelinfatic massage is particularly indicated for those who present venous and lymphatic stasis and capillary fragility).

Liporedux

Thermal Salsobromiodico mud with Gag massage (legs/abdomen/glutes/hips). Liporedux is liporiducing and modeling with the application of an iodised ointment and thermoactivating oil.

(Not recommended for those with capillary fragility)

Salus Thermae Rituals 50'

€90,00

Aureo Salis

Ritual scrub on the legs with thermal salts and fossil water of Salsomaggiore Terme , with rich hydration at the end of the ritual.

Dolor Remedium

Essential pain-relief ritual performed first with the application of thermal mud, followed by a massage. Treats the cervical, dorsal and lumbar area, the beneficial properties of warm thermal mud, combined with the therapeutic effect of the decontracting massage (performed with arnica montana), make this an extremely effective and healing treatment.

Venus & Salus Thermae

Bodycare 80'

€135,00

Each ritual includes a body/area massage and/or rich hydration

Omnia Sanitas

Health ritual to soothe back pain with the application of warm thermal mud, followed by the application of the Hot Stones along the spine from the cervical area to the lumbar area, and concludes with a deep-tissue massage on the back.

Lissaggio Termale Oleum per Aquam

Precious Ritual Smoothing for cell renewal, combining effectiveness and the thermal luxury to make you shine with a new radiance.

(Also recommended as a starting point for anybody care treatment, as it makes the skin more receptive to other active ingredients).

Liposolv Stella Maris

Shaping and liporiducant ritual, with the most effective thermal active to slim and the most suitable massage techniques for sculpting.

(Also recommended as a starting point for any bodycare route, since it makes the skin more receptive to other active)

DeaDiva Lift

A body lifting beauty treatment with firming and toning action of the skin tissue with elastic and compacting thermal active to counteract tissue atony.



FACIAL BEAUTY RITUAL

Venus Thermae

Skincare 50'

€90,00

Imperatrix

Lifting facial treatment with the most powerful active anti-age. This wonderful ritual concludes with a Lifting facial massage performed using the precious “Imperatrix” face cream with colloidal Gold to restore tone and turgore to the skin.

Vanitas

A complete and accurate Skincare, ideal to counteract small wrinkles and the first signs of aging.

Puritas

A sebum-regulating Skincare with soothing and balancing agents of the skin microbiota. It is carried out with double cleansing, phytotherapeutic soothing and a ionic mineral thermal purifying mask.

Aurea

A enlightening Skincare, with antioxidant light drops, restitutive mask and active for radiant skin.



BEAUTY TREATMEANT

BEAUTY TREATMENT

Hair Removal

Manicure

Pedicure

The prices of beauty treatments such as hair removal, manicures and pedicures vary based on the time needed to perform them.

Worth Knowing

Reservation

Reservation for treatments is required in order to guarantee the best service. It is possible to contact the Spa reception during opening hours by calling the number +39 0524582325 otherwise by sending an email to spa@grandhotelsalsomaggiore.com.

In order to start your moment of relaxation on time, we recommend that you arrive 10 minutes before the treatment.

Arriving late means less time.

In this case, the duration of the treatment may be shortened depending on the presence of subsequent treatments.

Cancellation

All treatments can be cancelled by 19:00 on the previous day. Otherwise we will charge the full amount.

State of health

At the moment of reservation, please inform the Spa Reception of any physical condition, allergies or other conditions that may affect your choice of treatment.

We also point out the following contraindications: acute stage pathologies, iodine allergies, thyroid disorders, hypertension, skin lesions (plagues, open wounds), Heart disorders, recent infarctions, heart disease, high blood pressure, malignant neoplastic pathologies, chemotherapy treatments performed for less than six months.

For pregnant women, treatments can be applied from 4 months.

